

Menu Calendar Report

Sorted by Date, Then by Meal, Then by Menu Sequence

East Texas Sysco

Marksville Red River 9-12

Monday 09/27/21		Tuesday 09/28/21		Wednesday 09/29/21		Thursday 09/30/21		Friday 10/01/21	
LUN								Hamburger Patty	1 each
								Let/Tom/Pickle	1/2 cup
								Baked Beans	3/4 cup
								WG Hamburger Bun	1 each
								1% Milk	1 each
								Mandarin Oranges	1 cup
								Mustard	1 each
								Ketchup	1 each
Monday 10/11/21		Tuesday 10/12/21		Wednesday 10/13/21		Thursday 10/14/21		Friday 10/15/21	
LUN	Sloppy Joe 1/2 cup	Meatballs 6 each	Sausage & White Bean 1 cup	Turkey Breast 2.2 ounce	Beef Frito Pie 3/4 cup				
	Sweet Potato Fries 1/2 cup	Creole Sauce 2 oz	Brown Rice 1/2 cup	Swiss Cheese 1 ounce	Shredded Cheese 1/4 ounce				
	Baked Beans 1/2 cup	Shredded Cheese 1/4 ounce	Broccoli 1/2 cup	Lettuce/Tomato 1/2 cup	Chuckwagon Corn 1/2 cup				
	WG Hamburger Bun 1 each	Cheese Whip Potato 1/2 cup	Fresh Cucumbers 1/2 cup	Fresh Baby Carrots 3/4 cup	Coleslaw 1/2 cup				
	Cinnamon Applesauce 1 cup	Green Bean/Red Peppe 1/2 cup	Cornbread 1 piece	Pears 1 cup	Corn Chips 1 oz				
	1% Milk 1 each	WG Hot Dog Bun 1 each	Fresh Fruit 1 each	Wheat Bread 2 slice	Wheat Bread 1 slice				
		Graham Crackers 2 pkt	Grape Juice 1 each	1% Milk 1 each	Peaches 1 cup				
		Pineapples 1 cup	1% Milk 1 each	Mayonnaise 1 each	1% Milk 1 each				
		1% Milk 1 each	Ranch Dressing 1 each						
Monday 10/18/21		Tuesday 10/19/21		Wednesday 10/20/21		Thursday 10/21/21		Friday 10/22/21	
LUN	Turkey Breast 4.4 ounce	Chili Dog 1 each	Beef Stew w/Vegetabl 1 cup	Shepherd's Pie 3/4 cup	Barbecue Chicken 1 piece				
	Poultry Gravy 2 oz	Glazed Carrots 1/2 cup	Rice Pilaf 1/2 cup	Coleslaw 1/2 cup	Cheese Whip Potato 1/2 cup				
	Yams 3/4 cup	Baked Beans 1/2 cup	Broccoli 1/2 cup	California Vegetable 1/2 cup	Green Peas 1/2 cup				
	Herbed Green Beans 1/4 cup	WG Hot Dog Bun 1 each	Tossed Salad 1 cup	Cornbread 1 piece	Wheat Bread 2 slice				
	Wheat Bread 2 slice	Graham Crackers 1 pkt	Wheat Bread 1 slice	Wheat Bread 1 slice	Apple Juice 1 each				
	Fresh Apple 1 each	Fresh Fruit 1 each	Tropical Fruit 1 cup	Pineapples 1 cup	Tangerine 1 each				
	1% Milk 1 each	Grape Juice 1 each	1% Milk 1 each	1% Milk 1 each	1% Milk 1 each				
		1% Milk 1 each	Ranch Dressing 1 each						
Monday 10/25/21		Tuesday 10/26/21		Wednesday 10/27/21		Thursday 10/28/21		Friday 10/29/21	
LUN	Taco Meat 3 ounce	Red Beans & Sausage 1 cup	Chicken Brst Filet 1 each	Chicken Sausage Gumb 1 cup	Spaghetti Cass 1 cup				
	Shredded Cheese 1/4 ounce	Brown Rice 1/2 cup	Apple Cider Sauce 1 oz	Brown Rice 1/2 cup	Italian Blend 1/2 cup				
	Pinto Beans 1/2 cup	Broccoli 1/2 cup	Cut Yams 1/2 cup	Okra & Tomatoes 1/2 cup	Whole Kernel Corn 1/2 cup				
	Lettuce & Tomato 1 cup	Fresh Baby Carrots 3/4 cup	Green Peas 1/2 cup	Potato Salad 1/2 cup	Wheat Bread 2 slice				
	Tortilla Chips 1 ounce	Cornbread 1 piece	Wheat Bread 2 slice	Saltine Crackers 2 pkt	Cinnamon Applesauce 1 cup				
	Graham Crackers 2 pkt	Peaches 1 cup	Fresh Banana 1 each	Fresh Apple 1 each	1% Milk 1 each				
	Fresh Fruit 1 each	1% Milk 1 each	Apple Juice 1 each	1% Milk 1 each					
	Orange Juice 1 each	Ranch Dressing 1 each	1% Milk 1 each						
	1% Milk 1 each								
	Taco Sauce 1 each								
	Sour Cream 1 each								